



## Regulations and Terms of Participation

### Organizing Entity:

José Carlos Carvalho Pereira – RNAAT: 908/2017  
Trees And Travel – Tourist Entertainment Company

TreesAndTravel / IsaLua – coworking space  
Ed. Dr. Luís Navega, Lj A/1 – 3780-545 Curia – Portugal



### Integrated Walking and Cultural Experiences on the **"Route of the Romans and Rabaçal Cheese"**

Between the majestic ruins of Conimbriga and the bucolic landscapes of Rabaçal, we celebrate an identity forged through history. On this journey through time, we follow in the footsteps of the ancient Romans across the Sicó mountains, following the new 'Rota Carmelita'. We end the day celebrating life with the region's most iconic treasure: the Rabaçal PDO Cheese.

At the peak of this experience, the Roman and Cheese Market takes place in Rabaçal—a unique cultural immersion where gastronomy, tradition, and history come together in an unforgettable atmosphere.

**Hiking experience:** Starting from the Roman City of **Conimbriga**, we begin our route through the **Sicó Mountains**, crossing the **Rio dos Mouros boardwalks**. Depending on the season, you can admire the **waterfall** in its full glory.

As we move forward, we are surrounded by diverse **fauna** and **flora** and a rich **geology**. This ancient path is now shared with the **Way of St. James** (Caminhos de Santiago) and the **Carmelite Route** to **Fátima**, blending spirituality with nature.

Upon reaching **Rabaçal**, we visit the **Roman Villa** and conclude our hike by tasting the famous **Rabaçal Cheese (PDO)**.

The peak of this experience is a visit to the **Roman and Cheese Market**, a true celebration of the history and culture of this region.

### Cultural Experience, Special Edition May 3rd:

We've created this **exclusive one-day experience** departing from **Curia** in our **tour van** to the roman city of **Conimbriga**, where the past finds its voice. After this imperial journey, we head to **Rabaçal** with free time to explore the **"Roman and Cheese Market"** where we'll be captivated by the **lively** atmosphere, **crafts**, and **local aromas**. At the end, each participant receives a **Rabaçal DOP cheese** (a gift from our team) so that the flavor of this day lingers on their table.

### Essential from €45 / participant

**Includes:** guide + insurance + refreshments (fruit/water) + Rabaçal cheese tasting + return transfer to Conimbriga + logistical support

### Classic from €70 / participant

**Includes:** "Essential" + entrance to Conimbriga + regional lunch (restaurant)

### Premium from €100 / participant

**Includes:** everything from the "Classic" + a complimentary Rabaçal DOP cheese + bottle of wine.

### "Private Experience" – upon request

### Cultural Experience from €55 / participant

**Includes:** Transportation, entrance fees, insurance and constant accompaniment by our monitor/driver.

### **Logistics Note and Transportation and Mobility Options:**

- Meeting point: Conimbriga Ruins
- The guide accompanies the entire route, ensuring safety and technical support.
- Transportation from Curia: Round trip in our tourist van. Adds a **fee of +€10** to the chosen package "Essential, Classic, Premium" (subject to confirmation depending on the number of participants and vehicle availability).
- External Groups (Porto, Coimbra, Aveiro, etc.): Personalized pick-up service at hotels or stations — Upon Request

### **General Conditions:**

General conditions: Average distance ~12 km, with easy+ technical difficulty  
Participants must assess their physical condition before registration.

A **pre-registration** of **15€** is required up to **2 days before the activity**, with the remaining amount payable up to 30 minutes **before** the activity begins. If registration occurs after this date, the total price must be paid at the time of registration. The organizing entity reserves the right to cancel any registration for which payment has not been made under the above conditions.

**Route available** during the months of April and May, subject to prior booking.

**Note:** This itinerary is developed and conducted in partnership with local entities, and the final registration price includes the direct costs of the organization (guide, insurance, etc.) as well as partner service costs (meals, etc.). “Trees And Travel – Tourist Entertainment Company” issues an invoice detailing its direct services and acts as an intermediary for the remaining services.

### **Participant Registration:**

- At the time of registration, the participant must provide the following data for insurance activation:  
**Name; Date of Birth; Tax ID (NIF).**

### **Number of Registrations:**

- This number will be limited to the capacity of the organizing entity to ensure the activity runs smoothly.
- Minimum **6 participants** and a **recommended** maximum of **12**.

### **Transfer of Registration:**

- Participants may transfer their registration to another person who meets all the requirements for the trip, provided the organizing entity is informed at least **1 day** in advance and accepts the substitution. The transfer of registration makes the original and replacement participant jointly responsible for the payment and any additional costs incurred.

### **Cancellations:**

- Pre-registration fee – **15€**.

### **Changes:**

- Whenever justified by external reasons, the organizing entity may alter the route order or modify the departure time. If unforeseen circumstances require suspension of the itinerary, participants will always be entitled to a full refund.

### **Cancellation by the Organizing Entity:**

- The organizing entity reserves the right to cancel the itinerary if exceptional conditions arise or if the number of participants is below the minimum required. Participants will be notified within **1 day** and reimbursed all payments without any further liability.

### **Price Changes:**

- The program prices are based on the costs of services and exchange rates at the time of printing and are subject to change due to variations in transport or fuel costs, taxes, duties, and exchange rates. Participants will be informed and invited to accept the new price or cancel their registration. Refunds will be issued if the registration is canceled due to price increases.

### **Cancellations and Refunds:**

- If the participant wishes to withdraw from the activity, they must do so in writing up to **1 day** in advance; otherwise, they may be required to pay expenses or forfeit the entire amount paid.
- Failure to appear at the pre-established location, date, and time for the start of the activity is considered a withdrawal and results in the total loss of the payment made, with no possibility of recourse.
- Delays of **30 minutes** or more beyond the pre-established time are considered a failure to appear.

**Conditions for Children:**

- Information about conditions for children should be requested. This cycling itinerary is not recommended for those **under 14**.

**Liability:**

- The organizing entity's liability is covered by "Personal Accident Insurance (policy AG82655983 Fidelidade)" and "Civil Liability Insurance (RC82655987 Fidelidade)".

**Participant Responsibility:**

- Participants must respect the established start times for activities, as well as the intermediate times defined by the guide. Delays, in addition to demonstrating a lack of care for other participants, may result in the inability to participate in part of the activity.
- Participants are responsible for choosing a program that is suitable for their abilities, physical fitness, and health status, and for providing personal information in advance of the activity's start.
- Participants must follow environmental recommendations and legal or established rules while the program is underway, according to the guide's instructions, and respect the rights and privacy of other program participants.
- Participants have a duty **not to intentionally damage property belonging to private entities (works of art; animals; agricultural crops; etc.)**, assuming full responsibility before the competent authorities should they be subject to legal proceedings, releasing the organizing entity from any liability for the act.
- There will be no refund if the participant arrives late to an activity or finishes early, or if they do not enjoy any meal or service included in the program.
- At the time of registration, the organizer must be informed of any specific needs of the participant.

**Limitation of Liability:**

- The organizing entity is not responsible for bodily injury or property damage resulting from (but not limited to): physical exhaustion due to the program being unsuitable for the participant's physical capabilities; transportation; adventure sports activities; equipment breakage or failure; forces of nature; consumption of alcoholic beverages; arrest or kidnapping; terrorism; lack of or limited access to medication or medical care in remote locations; altitude sickness; and the adequacy of medical care when provided.
- In the event of participant withdrawal for reasons unrelated to the activity, alternative means of transport will be provided for the return to the starting point of the activity, and (provided that the reason is not covered by existing insurance) the costs arising from the return trip will be borne by the participant.

**Documentation:**

- The participant must have their personal or family documentation in order. The organizer declines all responsibility for lack of documentation. In such cases, the conditions established in the "Withdrawals" clause apply, and the participant is responsible for any and all costs that such a situation may entail.

**General conditions:**

- The prices for activities do not include (unless indicated and included in the activity): transfers to the activity location; personal expenses (personal expenses include: all purchases or acquisitions outside the program; souvenirs; drinks; tobacco; etc.).

**Payment method:**

- Cash / Bank transfer / SPIN (CGD) / MB WAY / Paypal If payment is made by bank transfer, registration is only valid once this is confirmed. The participant must inform that they have made the transfer and present the payment slip or proof of payment so that it can be verified in a timely manner and the registration validated.

**Use of photographs and images:**

- Registration and participation in this itinerary authorizes the transfer of images to the organizer, without the participant having the right to pay for them. The organizer may use these images to illustrate promotional and advertising material for the company, such as catalogs, slides, posters, videos, and the Internet. Whenever minors are involved, the organizing entity undertakes to safeguard their identity as much as possible, publishing only photographs where their recognition is not possible.

**Note 1:**

These "Terms and Conditions" may be supplemented by any specific conditions, provided they are duly agreed upon by the parties.

## **General Data Protection Regulation / Privacy Policy**

1 – Data collection is reflected in the contact between this entity and clients who request information (or have shown interest in the activities carried out) and/or request services or participation in activities organized by it.

a) Personal data:

In the exercise of the activity, the following data is collected, processed and stored: "name"; "address"; "email"; "telephone contacts"; "tax identification number (NIF)"; "date of birth".

Regarding data collection by third parties where this entity has and/or discloses information (social networks, search engines, etc.), please consult their privacy policies: Facebook, Instagram, Messenger, Twitter, Google.

b) Processing of collected personal data:

The collected personal data is organized, updated, and maintained as needed for contact with the client and sector of activity.

2 – Responsibility for the processing of personal data:

José Carlos Carvalho Pereira is solely and entirely responsible for the processing of the collected data.

3 – Purpose of processing personal data:

The purpose is to ensure correct contact and participation of clients in the activities and services developed by this entity, as well as the dissemination of this entity's activities and/or services.

4 – Secure storage period and data retention time:

Personal data provided by clients and maintained by this entity will be valid for the period necessary for the purpose of providing the inherent services, as well as the commercial relationship between this entity and the clients, and will be kept only for the period necessary for the provision of the service and legal obligations.

5 – Rights of personal data subjects:

Personal data subjects may, at any time, request: "access to their data"; "rectification or correction of their data"; "deletion of their data".

6 – Consent of Personal Data Subjects:

Consent for the collection, maintenance, and processing of data is freely given and specific.

7 – Transmission of Personal Data to Third Parties:

In the development of specific activities, there may be a need to transmit personal data to third parties (such as in the case of insurance activation, where data needs to be sent to insurance companies...) and authorization will always be requested from the personal data subjects, and an indication will be given of which data will be transmitted and for what purpose.

8 – Contacts:

For questions or information, you can contact this entity using the contacts available on the website, or

[info@treesandtravel.com](mailto:info@treesandtravel.com) / [travel@treesandtravel.com](mailto:travel@treesandtravel.com)

By the organizing entity:

José Carlos Carvalho Pereira

Participant: